* Clinicians and researchers in VA, were among the first health care providers to recognize the pattern that a secondary illness was occurring in those who had initially recovered from COVID-19. VA brought together its Long COVID subject matter experts from Clinical Care and Research to address patients experiencing Long COVID.
* As part of this collaboration, VA developed the *Whole Health System Approach to Long COVID Guide*. The first of its kind, it is a resource to identify the most common symptoms and conditions that can be attributed to Long COVID and makes care recommendations using a Whole Health approach for managing Veterans’ care. This guide provides suggestions for health care providers as they engage in shared health care decision-making with Veterans.
* The development of this Guide incorporated Diversity, Equity, Accessibility and Inclusion into the recommendations and it also included evidence-informed treatments such acupuncture, chiropractic care, biofeedback, diaphragmatic breathing, and health coaching. The guide will be updated a in recurring manner to reflect changes in the world’s knowledge about Long-COVID.
* Long COVID is an important medical situation affecting patients worldwide. Although this guide was developed for Veteran patients at VHA medical facilities, it is a continuation of VA’s pledge to share best practices and lessons learned with health care providers across the nation.
* The Guide is written in easily understood language for health care providers. But since the terminology may not be clear to patients, we have created a companion Fact Sheet. It gives examples of possible symptoms and provides space to write down symptoms for Veterans to share with their clinicians.
* A link to the Guide and the Fact Sheet is available on the VA website under Public Health COVID-19 Responses Reports. The link and associated graphic with a QR code is now available for your viewing (show poster). Please share the link and QR code widely.

***Note***: Attached, is the graphic with a QR code in case you’d like to make a poster for the press conference. If you need the high-resolution png. file, please contact Melodee Mercer.

Qr code

Description automatically generated